

SFPCC MENU September 5 - 30, 2016

5	6	7	8	9
Labor Day!	penne with marinara salad clementines	turkey and cheese roll ups bell peppers watermelon	chicken patties rice cucumbers grapes	chicken tacos corn shell cheese lettuce, tomato apples
12	13	14	15	
lentil dahl cauliflower basmati rice melon	turkey sloppy joes rolls baby carrots pears	tuna salad celery and carrot lettuce and tomato wheat bread plums	fettuccini alfredo peas oranges	roasted chicken quinoa fresh green beans nectarines
19	20	21	22	23
cheese pizza broccoli honeydew melon	swedish meatballs egg noodles snap peas grapes	chicken broccoli rice casserole cantaloupe	tomato and cheddar english muffins cucumbers pears	egg salad celery lettuce roll apples
26	27	28	29	30
hot dogs (nitrate free) buns baked beans cole slaw watermelon	veggie burgers buns lettuce and tomato melon	baked salmon rice pilaf grape tomatoes grapes	vegetable and cheese tarts pineapple	baked ziti Greek Salad apples

ORGANIC MILK IS SERVED WITH EVERY LUNCH