



SFPCC MENU November 1 thru December 2, 2016



October	31	November	1	2	3	4
Chicken Chili Verde Tortillas Cheddar Cheese Bell Pepper Pears		Tomato and Cheddar Melts Cucumbers Grapes		Turkey Tex Mex Brown Rice Bell Peppers Honeydew Melon	Homemade Tomato Soup Cheese Croutons/Crackers Apricots	Spinach Pie Basmati Rice Grape Tomatoes Plums
	7		8	9	10	11
Organic Hot Dogs Buns Zucchini Oranges		Baked Salmon Quinoa Cucumbers Grapes		Roasted Tomato Cheddar Strata Mashed Cauliflower Apples	Barbecue Turkey Meatloaf Brown Rice Green Beans Watermelon	Center CLOSED for In-service
	14		15	16	17	18
Baked Manicotti w/Marinara Sauce Broccoli Cantaloupe		Creamed Chicken Biscuits Peas and Carrots Plums		Turkey and Muenster Melts Grapes	Chicken Broccoli Ziti Bell Peppers Ruby Red Grapefruit	Cheese Pizza Cucumbers Pears
	21		22	23	24	25
Veggie Burger Roll Summer Squash Apples		Thanksgiving Feast! Roasted Turkey Stuffing Cranberry Sauce Butternut Squash Pears		Vegetable and Cheese Tarts on Puff Pastry Grapes	Center CLOSED for Thanksgiving Break	Center CLOSED for Thanksgiving Break
	28		29	30	December	1
Cheese Tortellini w/Meat Sauce Cherry Tomatoes Pineapple		Mexican Pizza Bell Peppers Oranges		Turkey Burgers Cheddar Cucumbers Grapes	Baked Haddock Rice Pilaf Peas Honeydew Melon	Chicken Fried Rice Edamame Pineapple



Organic Milk is served with every Lunch

