



SFPCC Menu May 2017



1 Tortellini with Turkey Meat Sauce Green Beans Pears	2 Nitrate Free Beef Hot Dogs on a Bun Carrots Grapes	3 Turkey Pita Bread Lettuce & Tomato Apples	4 Tuna Melt on English Muffin Bell Peppers Clementines	5 Chicken Macaroni Soup Crackers Cheese Mixed Fruit
8 Rice, Beans, Corn Casserole Cucumbers Apples	9 Tomato Soup Grill Cheese on Whole Wheat Bread Carrots Grapes	10 Roasted Chicken Baked Sweet Potato Green Beans Clementines	11 Cheese Pizza Broccoli Bananas	12 Ground Turkey Stroganoff Sweet Peas Mixed Fruit
15 Turkey Sloppy Joes Whole Grain Buns Celery Sticks Grapes	16 Maple Glazed Salmon Brown Rice Grape Tomato Melon	17 Tuna Salad Wrap Cucumbers Green Apples	18 Chicken Penne Alfredo with Broccoli Oranges	19 Mac & Cheese Butternut Squash Sweet Peas Mixed Fruit
22 Ground Turkey Tacos Corn Taco Shells Shredded Cheese Lettuce & Tomato Apples	23 Chicken Lo Mein Carrots Sweet Peas Grapes	24 Red Bean Soup Sweet Corn Crackers Pears	25 Veggie Burger Whole Grain Sandwich Thins Lettuce & Tomato Pineapple	26 BBQ Chicken Yellow Rice Broccoli Mixed Fruit
27 Nitrate- Free Hot Dogs Bake Beans Grapes	28 Turkey Meat Sauce Spaghetti Green Beans Cantaloupe	29 Pancakes Pear Compote Cottage Cheese Melons	30 Chicken Noodle Soup Sweet Peas & Carrots Potato Plums	31 Turkey Kielbasa with Peppers & Onions Egg Noodles Broccoli Mixed Fruit



Unflavored Organic Whole Milk is served to children 12-24 months old with every Lunch

Unflavored Organic 1% milk is served to children 2-5 years old with every lunch

