

## SFPCC MENU JULY 2017

3  <b>CLOSED</b>	4  <b>CLOSED</b>	5  Tuna Melts English Muffins Green Beans  Granny Smith Apples	6  Rice, Beans, Corn Casserole English Cucumbers  Clementines	7  Turkey Kielbasa Zucchini, Squash, Bell Pepper Medley  Mixed Fruit
10  Turkey Burgers Whole Wheat Buns Corn on Cob  Cantaloupe	11  Chicken Salad Pita Bread Grape Tomatoes  Red Apples	12  Turkey Meatloaf Mashed Potatoes Broccoli  Blackberries	13  Black Bean, Cheese Whole Wheat Wrap  Nectarines	14  Baked Chicken Yellow Rice Brussel Sprouts  Mixed Fruit
17  Nitrate Free Hot Dogs Whole Wheat Buns Baked Beans  Honey Dew Melon	18  Broccoli Soup Grilled Cheese Carrots  Grapes	19  Fish Taco Lettuce Grape Tomatoes  Clementines	20  Ground Turkey Stroganoff Peas  Pineapple	21  Minestrone Soup Crackers Cheese  Mixed Fruit
24  Chicken Penne Pasta Broccoli  Oranges	25  Turkey and Cheese Whole Wheat Wraps Lettuce & Tomato  Strawberries	26  Banana Pancakes Cottage Cheese Avocado  Blueberries	27  Mac N Cheese Stewed Tomatoes  Plums	28  Creamy Red Beans Brown Rice Carrots  Mixed Fruit
31  Ground Turkey Lasagna English Cucumbers  Peaches	1  Turkey Sloppy Joes Whole Wheat Buns Green Beans  Grapes	2  Cheese Quesadilla Asparagus  Pears	3  Baked Tomato- Mozzarella Chicken Spaghetti Noodles  Watermelon	4  Grilled Cheese Sandwiches Carrots  Apples



**\*Unflavored Organic Whole Milk is served to children 12-24 months old with every Lunch\***  
**Unflavored Organic 1% milk is served to children 2-5 years old with every Lunch\***

