

SFPCC MENU January 2018

January 1 HAPPY NEW YEARS!!! CLOSED	2 Fish Sticks Brown Rice Corn Golden Delicious Apples	3 Minestrone Soup Crackers Cheese Clementines	4 Turkey Sloppy Joes Whole Grain Buns Green Beans Pears	5 Rice, Corn, Beans Salad English Cucumbers Assorted Fruit
English Muffin Pizza Peas Pineapple	9 Ground Turkey Tortilla Taco Shell Lettuce Tomato Salsa Pears	10 Roasted Chicken Breast Sweet Potato Whole Wheat Rolls Clementines	11 Grilled Cheese Sandwiches Tomato Soup Carrots Granny Smith Apples	12 Turkey Stroganoff Egg Noodles Broccoli Assorted Fruit
MLK DAY OBSERVATION CLOSED	16 Veggie Burger Wheat Thin Bread Broccoli Clementines	17 Mac N Cheese Stewed Tomatoes Bananas	18 Tuna Salad Pita Bread English Cucumbers Red Delicious Apples	19 Dino Nuggets Couscous Corn Assorted Fruit
Cheese Quesadilla Red Bell Peppers Granny Smith Apples	23 Ground Turkey Meat Sauce Pasta Broccoli Oranges	24 Banana Pancakes Cottage Cheese Peas Pears	25 Baked Manicotti Tomato Marinara Sauce Green Beans Bananas	26 Chicken Fried Rice Peas & Carrots Assorted Fruit
Spaghetti Turkey Meatballs Peas Pineapple	30 Chicken Lo Mein Peas & Carrots Bananas	31 Maple Salmon Coconut Rice Zucchini Golden Delicious Apples	February 1 Ground Turkey Seasoned Rice English Cucumbers Plums	2 Chicken Noodle Soup Crackers Carrots Assorted Fruit



Unflavored Organic Whole Milk is served to children 12-24 months old with every Lunch
Unflavored Organic 1% milk is served to children 2-5 years old with every Lunch

