



SFPCC MENU FEBRUARY 2018



5 Corn, Rice & Bean Casserole Red Bell Peppers Cantaloupe	6 Turkey Lasagna English Cucumbers Granny Smith Apples	7 Roasted Chicken Breast Sweet Potatoes Whole Wheat Rolls Plums	8 Turkey Chili Cornbread Green Beans Clementines	9 Mac & Cheese Stewed Tomatoes Assorted Fruit
12 Swedish Meatballs Egg Noodles Carrots Honey Dew Melon	13 Grilled Turkey & Cheese Whole Wheat Bread Sliced Tomatoes Bananas	14 Tuna Melt on English Muffins English Cucumbers Watermelon	15 Thai Curried Chicken Couscous Broccoli Oranges	16 Turkey Meatloaf Jasmine Rice Peas Assorted Fruit
19 President's Day Center CLOSED	20 Fish Sticks Egg Noodles Green Beans Golden Delicious Apples	21 Cheese Pizza Yellow Peppers Plums	22 Chicken Alfredo Whole Grain Pasta Broccoli Clementines	23 Baked Haddock Basmati Rice Zucchini Assorted Fruit
26 Turkey Tex-Mex Stewed Tomatoes Pineapple	27 Banana Pancakes Strawberry Yogurt Peas Oranges	28 Chicken Fajita Mexican Rice Corn Granny Smith Apples	March 1 Turkey Meat Sauce Tortellini Pasta Carrots Plums	2 Cheese Quesadilla Red Bell Peppers Assorted Fruit
5 Dino Nuggets Basmati Rice Corn Cantaloupe	6 BBQ Chicken Yellow Rice Zucchini Pears	7 Turkey Sloppy Joe Whole Wheat Bun Green Beans Oranges	8 Chicken Pot Pie Carrots & Peas Red Delicious Apples	9 Minestrone Soup Crackers Cheese Assorted Fruit



Unflavored Organic Whole Milk is served to children 12-24 months old with every Lunch

Unflavored Organic 1% Milk is served to children 2-5 years old with every Lunch

