



# SFPCC Menu June 2018



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|---|---|--|--|---|
| May 28<br><br>Memorial Day<br>Center CLOSED   | 29<br><br>Ground Turkey<br>Tex-Mex<br>Corn Tortilla<br>English Cucumbers<br><br>Granny Smith Apples | 30<br><br>Chicken Noodle Soup<br>Crackers<br>Peas<br><br>Pears                             | 31<br><br>Sloppy Joe<br>Whole Grain Bun<br>Broccoli<br><br>Clementines             | June 1<br><br>Chicken Lo Mein<br>Whole Grain Pasta<br>Peas & Carrots<br><br>Assorted Fruit        |
| 4<br><br>Dino Nuggets<br>Brown Rice<br>Green Beans<br><br>Honey Dew Melon                                 | 5<br><br>Chicken Salad<br>Whole Grain Pita Bread<br>Red Bell Peppers<br><br>Clementines             | 6<br><br>Mac & Cheese<br>Stewed Tomatoes<br><br>Yellow Delicious Apples                    | 7<br><br>Ground Turkey Lasagna<br>Zucchini<br><br>Oranges                          | 8<br><br>Chicken Alfredo<br>Whole Grain<br>Penne Pasta<br>Broccoli<br><br>Assorted Fruit          |
| 11<br><br>Tomato and Cheese<br>Melt on<br>English Muffin<br>Peas<br><br>Cantaloupe                        | 12<br><br>Chicken/Veggie Stir fry<br>Jasmine Rice<br><br>Pineapple                                  | 13<br><br>Ground Turkey Chili<br>Cornbread<br>Green Beans<br><br>Green Apples              | 14<br><br>Thai Curried Chicken<br>Coconut Rice<br>Broccoli<br><br>Plums            | 15<br><br>Cheese Tortellini<br>Turkey Meat Sauce<br>Carrots<br><br>Assorted Fruit                 |
| 18<br><br>Ground Turkey<br>Corn Taco Shells<br>Shredded Cheese<br>Lettuce & Tomato<br><br>Honey Dew Melon | 19<br><br>Roasted Chicken Breast<br>Stuffing<br>Cranberry Sauce<br>English Cucumbers<br><br>Oranges | 20<br><br>Veggie Burger<br>Whole Grain<br>Sandwich Thins<br>Tomato Slice<br><br>Apples     | 21<br><br>Chicken Fajita<br>Corn Tortilla<br>Yellow Bell Peppers<br><br>Cantaloupe | 22<br><br>Baked Chicken<br>Whole Grain Pasta<br>w/Nut-Free Pesto<br>Carrots<br><br>Assorted Fruit |
| 25<br><br>Cheese Quesadilla<br>Stewed Tomatoes<br><br>Pineapple   | 26<br><br>Blueberry Pancakes<br>Cottage Cheese<br>Peas<br><br>Bananas                               | 27<br><br>Corn, Bean, & Rice<br>Casserole<br>Cheese<br>English Cucumbers<br><br>Watermelon | 28<br><br>Baked Haddock<br>Brown Rice<br>Squash<br><br>Honey Dew Melon             | 29<br><br>Turkey Meat Sauce<br>Spaghetti<br>Green Beans<br><br>Assorted Fruit                     |

**\*Unflavored Organic Whole Milk is served to children 12-24 months old with every lunch\***

**\*Unflavored Organic 1% milk is served to children 2-5 years old with every lunch\***

