



SFPCC MENU JULY 2018



2 Ground Turkey Sloppy Joes Whole Wheat Buns Green Beans Granny Smith Apples	3 Sliced Deli Turkey Muenster Cheese Whole Wheat Bread English Cucumbers Organic Strawberries	4 CENTER CLOSED HAPPY INDEPENDENCE DAY	5 Fish Sticks Brown Rice Broccoli Clementines	6 Mac & Cheese Stewed Tomatoes Assorted Fruit
9 Ground Turkey Tex-Mex Corn Tortilla Chips Carrots Honey Dew Melon	10 Swedish Meatballs Egg Noodles Peas Red Apples	11 Turkey Meatloaf Whole Grain Bun Broccoli Oranges	12 Cheese Pizza Red Bell Peppers Nectarines	13 Veggie Burgers Wheat Thin Bread Tomato Slices Mixed Fruit
16 Corn, Bean & Rice Salad Bell Peppers Honey Dew Melon	17 Chicken Salad Whole Grain Pita English Cucumbers Yellow Apples	18 Minestrone Soup Crackers Cheese Watermelon	19 Grilled Cheese Sandwiches Baked Beans Carrots Pineapple	20 Chicken Lo Mein Whole Grain Pasta Peas & Carrots Assorted Fruit
23 Ground Turkey Stroganoff Egg Noodles Peas Watermelon	24 Baked Chicken Penne Pasta Broccoli Granny Smith Apples	25 Banana Pancakes Cottage Cheese Carrots Oranges	26 Chicken Fajitas Corn Tortilla Red Bell Peppers Plums	27 Haddock Fish Tacos Corn Taco Shell Shredded Cheese Diced Tomatoes Assorted Fruit
30 Ground Turkey Lasagna English Cucumbers Peaches	31 Tuna Melt on Whole Grain English Muffins Green Beans Clementines	1 Cheese Quesadilla Salsa Yellow Bell Peppers Cantaloupe	2 Baked Chicken Marinara & Mozzarella Whole Grain Pasta Broccoli Watermelon	3 Turkey Chili Cornbread Peas Assorted Fruit



Unflavored Organic Whole Milk is served to children 12-24 months old with every Lunch
Unflavored Organic 1% milk is served to children 2-5 years old with every Lunch*

