



SFPCC MENU DECEMBER 2018



3 Black Bean, Corn, & Cheese Burrito Whole Grain Wrap Peas Clementines	4 Teriyaki Chicken Whole Grain Pita Bell Peppers Strawberries	5 Maple Salmon Coconut Rice Peas & Carrots Granny Smith Apples	6 Chicken Soup Crackers Broccoli Oranges	7 English Muffin Pizza Whole Grain English Muffin English Cucumbers Assorted Fruit
10 Mac & Cheese Stewed Tomatoes Watermelon	11 Ground Turkey Tomato Sauce Baked Manicotti Green Beans Yellow Delicious Apples	12 Banana Pancakes Cottage Cheese Peas Pears	13 Ground Turkey Tex-Mex Yellow Bell Peppers Clementine	14 Pulled BBQ Chicken Whole Grain Bun Carrots Assorted Fruit
17 Minestrone Soup Crackers Cheese Honey Dew Melon	18 Chicken Fried Rice Bean Sprouts Red Apples	19 Ground Turkey Tomato Sauce Tortellini Asparagus Bananas	20 Chicken Alfredo Whole Grain Pasta Broccoli Plums	21 Deli Turkey Slices Muenster Cheese Whole Grain Bread English Cucumber Assorted Fruit
24 CENTER CLOSED FOR WINTER HOLIDAY	25 CENTER CLOSED FOR WINTER HOLIDAY	26 CENTER CLOSED FOR WINTER HOLIDAY	27 CENTER CLOSED FOR WINTER HOLIDAY	28 CENTER CLOSED FOR WINTER HOLIDAY
31 CENTER CLOSED FOR WINTER HOLIDAY	January 1 CENTER CLOSED FOR WINTER HOLIDAY	2 Dino Nuggets Couscous Green Beans Granny Smith Apples	3 Veggie Burger Whole Wheat Thin Bread Broccoli Watermelon	4 Chicken Pot Pie Peas & Carrots Assorted Fruit



Unflavored Organic Whole Milk is served to children 12-24 months old with every Lunch

Unflavored Organic 1% milk is served to children 2-5 years old with every Lunch

