



SFPCC MENU FEBRUARY 2019



January 28 Chicken Soup Crackers Carrots Macintosh Apples	29 Rice, Corn & Bean Casserole Red Bell Peppers Asian Pears	30 Ground Turkey Chili Cornbread Peas & Carrots Plums	31 Mac & Cheese Stewed Tomatoes Cara Cara Oranges	February 1 Roasted Chicken Breast Whole Wheat Roll Cranberry Sauce Sweet Potato Assorted Fruit
4 Tuna Melt on Whole Grain English Muffin Red Bell Peppers Honey Dew Melon	5 Broiled Salmon Quinoa Yellow Squash Oranges	6 Carrot Soup Saltine Crackers Cheese Plums	7 Cheese Quesadilla on Whole Wheat Tortilla Black Beans Pears	8 Cheese Pizza Broccoli Assorted Fruit
11 Ground Turkey Tacos Corn Taco Shells Stewed Tomatoes Shredded Cheese Cantaloupe	12 Minestrone Soup Wheat Thin Crackers Cheese Yellow Delicious Apples	13 Blueberry Pancakes Cottage Cheese Peas Bananas	14 Roasted Chicken Breast Alfredo Pasta Broccoli Clementines	15 Turkey Sloppy Joe Whole Wheat Bun Green Beans Assorted Fruit
18 Center CLOSED for Presidents Day	19 Dino Nuggets Couscous Peas Granny Smith Apples	20 Chicken Fried Rice Corn Red Fuji Apples	21 Turkey Meatballs Egg Noodle Squash Plums	22 Deli Turkey Gouda Cheese Whole Wheat Bread English Cucumber Assorted Fruit
25 Chicken Soup Crackers Carrots Macintosh Apples	26 Rice, Corn, Bean Casserole Red Bell Peppers Asian Pears	27 Ground Turkey Chili Cornbread Peas & Carrots Plums	28 Mac & Cheese Stewed Tomatoes Cara Cara Oranges	March 1 Roasted Chicken Breast Whole Grain Roll Cranberry Sauce Sweet Potato Assorted Fruit



Unflavored Organic Whole Milk is served to children 12-24 months old with every Lunch

Unflavored Organic 1% milk is served to children 2-5 years old with every Lunch

